

Chiropractic Care Informed Consent/Consent to Treat Form

To the patient: Please read this entire document prior consenting to treatment. It is important that you understand the information contained in it. Do not hesitate to ask questions that may arise before signing it if anything is unclear.

The nature of the chiropractic adjustment/joint manipulation.

The primary treatment used by a doctor of chiropractic is manipulative therapy, or joint manipulation. This procedure will be used to treat you. The doctor may use his/her hands or a mechanical instrument upon your body in such a way as to stimulate and mobilize your joints. Sometimes this results in an audible “pop” or “click,” called a cavitation. You may also feel a sense of movement in the joint, however, this is not always heard or felt and is not necessary for a successful chiropractic adjustment/joint manipulation.

Analysis / Examination / Treatment

As a part of the analysis, examination, and treatment, you are consenting to the following procedures:

- Manipulative therapy
- Range of motion testing
- Muscle strength testing
- Neurological testing
- Ultrasound
- EMS
- Palpation
- Orthopedic testing
- Postural and gait analysis
- Hot/cold therapy
- Vital sign testing
- Rehab and strengthening exercises
- Traction
- Soft tissue mobilization
- Nutritional recommendations
- Taping methods
- Manual muscle therapy and stretching
- Radiographic studies

The material risks inherent in chiropractic treatment.

As with any healthcare procedure, there are certain complications that may arise during chiropractic manipulation and during the other therapies we provide. Your provider will take reasonable precautions to ensure this treatment is suitable to you. However, it is important to relate if there is anything that might disqualify you from care.

The most common side effect of manipulation is short-term muscle and joint soreness, stiffness, or increased discomfort. Do not be surprised if you experience this, especially if this is your first treatment of joint manipulation.

Other complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, ligament sprain, myelopathy, costovertebral strains and

separations. These complications are generally considered to be rare. Some manipulations of the upper spine have been associated with injury to the arteries in

the neck, which could cause or contribute to stroke. However, documented cases are exceedingly rare, and it has been estimated by researchers that the probability of a spinal adjustment causing a stroke is one in several million. As for chiropractic therapies other than spinal manipulation, the risks are also very slight but can include skin irritation or burns.

Compared to other forms of health care, chiropractic is extremely safe, and complications are generally rare. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

The availability and nature of other treatment options.

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics
- Massage therapy
- Acupuncture or dry needling
- Medical care and prescription drugs such as muscle relaxers, pain killers and drugs to reduce inflammation.
- Surgery
- Remaining untreated

If you decide to pursue other treatment options, you should discuss the risks and benefits with your medical physician. Remaining untreated carries its own risks and may allow the formation of adhesions, scar tissue, and reduced mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

A COPY OF THIS FORM IS AVAILABLE UPON REQUEST.